SHERATON
Abu Dhabi Hotel & Resort

All-Inclusive Guest Guide





Welcome! We are thrilled to have you with us and hope you enjoy an exceptional stay in the heart of Abu Dhabi. As part of your All-Inclusive Package, you have been issued a Blue Wristband — please wear it throughout your stay to enjoy seamless access to all included dining, beverages, and exclusive benefits.

DINING SCHEDULE

MEAL	VENUE	HOURS
Breakfast	Flavours — Buffet	Mon–Fri 06:30–10:30 Sat & Sun 06:30–11:00
Lunch	Le Bistrot — Set Menu Flavours — Buffet	12:30–15:30
Dinner	Le Bistrot — Set Menu Flavours — Buffet	19:00–22:30

BEVERAGE SERVICE

OUTLET	HOURS
B Lounge	10:00–23:00
Pool Bar	10:00–20:00
Flavours	12:30–15:30 & 19:00–22:30

INCLUDED: Tea, coffee, soft drinks, local mineral water, house wines, beers, spirits (vodka, gin, rum, whisky), and selected cocktails.

SPA

20% discount on spa treatments with complimentary Moroccan bath and Hamam access.

PACKAGE POLICY

- Benefits begin at check-in (15:00) and end after breakfast on the day of departure.
- The first meal included on arrival day is dinner.
- Beverages are available from official check-in time at designated All-Inclusive outlets only.
- Meals and drinks consumed before check-in or after check-out are not included.
- A casual dress code is required in certain outlets.
- Venue timings are subject to change at the hotel's discretion.

For assistance, please contact the Front Desk or dial "0" from your in-room telephone.

We wish you a relaxing and most memorable stay.